

2024 AASP Mid-Atlantic Regional Sport Psychology Conference

Saturday, February 24, 2024

7:45-11:00 am	<p>Registration</p> <p style="text-align: right;"><u>Location: Rowan University</u> <u>James Hall, 3rd Floor</u></p>
8:15-8:30 am	<p>Welcome Reception, Networking, & Light Refreshments</p> <p style="text-align: right;"><u>Location: Rowan University</u> <u>James Hall, Room 3091</u></p> <p>*Welcome note from Dr. Peter Rattigan Dean, Rowan University Rita & Larry Salva School of Nursing & Health Professions</p> <p>*Keynote introduction</p>
8:30am-9:15am	<p>Session: Feature Keynote Address</p> <p style="text-align: right;"><u>Location: Rowan University</u> <u>James Hall, Room 3091</u></p> <p>Presenter: Kat Longshore, PhD <i>"Staying Open: Letting your Path Unfold"</i></p>
9:20-10:05am	<p>Session 1: Workshop</p> <p style="text-align: right;"><u>Location: Rowan University</u> <u>James Hall, Room 3091</u></p> <p>Title: <i>Excercise: Inexcusable Excuses for not Exercising</i> Presenter(s): Michael Sachs, Ph.D.; Bruce Cohen, Ph.D. Affiliation(s): Temple University</p>
10:10am-10:55am	<p>Session 2A: Workshop</p> <p style="text-align: right;"><u>Location: Rowan University</u> <u>James Hall, Room 3091</u></p> <p>Title: <i>Building a Mental Performance Program in the Middle and High School Settings</i> Presenter(s): Rick Poce, EdD Affiliation(s): Malvern Preparatory School</p> <p>Session 2B: Paper Sessions</p> <p style="text-align: right;"><u>Location: Rowan University</u> <u>James Hall, Room 3117</u></p> <p>Title: <i>A Descriptive Look at Mental Healthcare for Student-Athletes Since the COVID-19 Pandemic</i> Presenter(s): Jennifer McGraw Affiliation(s): Rowan University</p> <p>Title: <i>Existential Sport Psychology Practitioners Design and Delivery of Psychological Programs in Elite English Football Academies</i> Presenter(s): Patrick Walro, Psy.D. Affiliation(s): Princeton University</p>

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11am-11:45am	<p>Session 3: Symposium <u>Location: Rowan University</u> <u>James Hall, Room 3091</u></p> <p>Title: <i>The Role of Sports Psychology in a Sports Performance Model</i> Presenter(s): Rick Howard, DSc, Margaret Ottley, Ph.D., & Selen Razon, Ph.D. Affiliation(s): West Chester University</p>
11:50am-12:35pm	<p>Session 4A: Workshop <u>Location: Rowan University</u> <u>James Hall, Room 3091</u></p> <p>Title: <i>Body Language 101: The Nonverbal Secret to Authenticity, Believability and Relationships in Coaching</i> Presenter(s): Shannon Suffoletto, M.A. Affiliation(s): BodyMindCombine, LLC</p> <p>Session 4B: Paper Sessions <u>Location: Rowan University</u> <u>James Hall, Room 3117</u></p> <p>Title: <i>Bridging Hard and Soft Sciences: Mindfulness, MRIs & Sport-Related Concussions</i> Presenter(s): Matt Choquette; Peter J. Economou, PhD; Alexander Gamble, MA Affiliation(s): Rutgers University</p> <p>Title: <i>Mental Health</i> Presenter(s): Jennifer Majorczak Affiliation(s): West Chester University</p> <p>Title: <i>Rehabilitation Within Restraints: Exploring Exercise as a Pathway to Health, Hope, and Morale for Death Row and Life-Sentenced Prisoners</i> Presenter(s): Barrett Snyder, M.S. Affiliation(s): West Chester University</p>
12:35pm-1:20pm	<p>Lunch and Poster Sessions <u>Location: Rowan University</u> <u>James Hall, Room 3114</u></p> <p>(1) Title: <i>The Mindful Athlete Program</i> Presenter(s): JoAnne Bullard, Psy.D., SoJung Kim, Ph.D. Affiliation: Rowan University</p> <p>(2) Title: <i>Foul Play: How Sexual Grooming Crosses Coach-Athlete Boundaries in Youth Sports and What Can be Done About It</i> Presenter(s): Cassandra Cunningham, M.Ed. Affiliation: Seton Hall University</p> <p>(3) Title: <i>Unlocking Potential: The Impact of Multicultural Approaches on Athlete Performance in Team Settings</i> Presenter(s): Kathryn Jiang, M.A.; Sandra Lee, Ph.D. Affiliation: Seton Hall University</p>

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	<p>(4) Title: <i>The Reduction of Neurotoxins in the Domestic Environment</i> Presenter(s): Sarah Heil Affiliation: Rowan University</p> <p>(5) Title: <i>Examining the Mental Performance of Disc Golf Athletes Through Practice and Competition</i> Presenter(s): David Rudisill; Samantha E. Hagenbush; Morgan Kline; Genesis Rodriguez; Savannah Wilson; Andrew P. Friesen Affiliation: Penn State University; Berks Campus</p> <p>(6) Title: <i>Mental Health in College Athletics</i> Presenter(s): Ilaria Ponziani Affiliation: Adelphi university</p> <p>(7) Title: <i>In the Spotlight: Understanding and Managing Conflicts of Interest in Sport Psychology</i> Presenter(s): Chad Larsen Affiliation: Seton Hall University</p> <p>(8) Title: <i>The Mental Health of Black Women Collegiate Athletes</i> Presenter(s): Brittany Copeland Affiliation: Howard University</p> <p>(9) Title: <i>The Impact of Music Genres and Nature Sounds on Adherence to Exercise</i> Presenter(s): Genesis Rodriquez; David Rudisill; Samantha Hagenbush; Morgan Kline; Savannah Wilson Affiliation: Pennsylvania State University - Berks Campus</p> <p>(10) Title: <i>Comparing a Local College of Student-Athletes against National Norms in the NCAA Health and Wellness Study</i> Presenter(s): Samantha Hagenbush; Genesis Rodriquez; David Rudisill; Morgan Kline; Savannah Wilson; Andrew P. Friesen Affiliation: Pennsylvania State University - Berks Campus</p>
1:20 pm-2:05pm	<p>Session 5: Symposium <u>Location: Rowan University</u> <u>James Hall, Room 3091</u></p> <p>Title: <i>Meeting the Needs of Combat Athletes as a Mental Performance Consultant</i> Presenter(s): Tyler Held, EdD; Erin Herle, M.S. Affiliation(s): Thought Quest Solutions, LLC</p>

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2:10pm-2:55pm	<p>Session 6: Workshop</p> <p style="text-align: right;"><u>Location: Rowan University</u> <u>James Hall, Room 3091</u></p> <p>Title: <i>Teamwork is fun... but here's where it gets sticky! Ethical considerations of interdisciplinary, collaborative work within athletics</i></p> <p>Presenter(s): Tahlia Wilson-Nealy, M.S.; Lauren Shoss, M.S.; Dorian Hayden, Ph.D.; Robert Harmison, Ph.D.</p> <p>Affiliation(s): James Madison University</p>
3:00pm-3:45 pm	<p>Session 7: Workshop</p> <p style="text-align: right;"><u>Location: Rowan University</u> <u>James Hall, Room 3091</u></p> <p>Title: <i>Performance Excellence: Stories of Success from the Real World of Sport and Exercise Psychology</i></p> <p>Presenter(s): Michael Sachs, Ph.D.; Lauren Tashman, Ph.D.; Selen Razon, Ph.D.</p> <p>Affiliation(s): Temple University; Valor Performance; West Chester University</p>