

Thursday, October 24

## Coaching

### **Enhancing Athlete Development through Mental Toughness: A Collaborative Approach for Mental Performance and Sport Coaches**

*Andreas Stamatidis, University of Louisville*

### **Football and Fatherhood: A Qualitative Study Exploring How Black Football Coaches Experience the Coach-Athlete Relationship**

*Keith McShan, Missouri State University; Laura Salem, Missouri State University*

### **Investigating the Influence of Varied Practice Conditions on the Learning Experience**

*Jaelyn Smith, University of Tennessee, Knoxville; Andy Shaw, University of Tennessee, Knoxville; Andrew Strick, University of Tennessee, Knoxville; Jared Porter, University of Tennessee, Knoxville*

### **Perceived Coaching Behaviors and Failure Tolerance in High School Athletics: The Mediating Effects of Motivational Climate, Sport Competence, and Effort**

*Hunhyuk Choi, Kangwon National University; Yong-Jin Yoon, Yonsei University; Seong Kwan Cho, Texas A&M International University*

### **The Impact of a Coaching Intervention to Enhance the Motivational Climate Across a School District's Athletic Program**

*Jacob Chamberlin, University of Kansas; Mary Fry, University of Kansas; Congtian Xu, ; Troy Wineinger, University of Kansas; Candace Hogue, University of Minnesota*

### **The Influence of Performance Profiling on the Motivation and Self-Awareness of Sport Coaches**

*Lucy Clarke, University of Lincoln; Matthew Bird, University of Lincoln*

### **The Talent Development Environment and Athletes with Physical Disabilities: A Scoping Review**

*Andrew Corbett, Shepherd Center; Rebecca Ellis, Georgia State University; Jonathan Rea, Shepherd Center; Eduardo Granados, Shepherd Center*

### **Validation of the Recovery Experience Questionnaire in a Coaching Population**

*Landon Braun, University of Wisconsin-Milwaukee; Barbara Meyer, University of Wisconsin-Milwaukee; Carly Wahl, Eastern Illinois University*

## Collegiate Sport

### **A Comparison of Neurocognitive Profiles, Vestibular Ocular-Motor Functioning and Collegiate Baseball Batting Performance**

*Cara Guglielmino, George Fox University; Mia Asuncion, George Fox University; Scott Burkhardt, George Fox University*

### **A Multidimensional View in International Student Athletes' Experience: A Critical Review**

*Nikoleta Antoniou Karademitrou, Auburn University, SERC Department; Nikoleta Antoniou Karademitrou, Auburn University*

### **An Examination the Relationship Between Single Event Flow and Mental Toughness**

*Emily Chua, Saint Louis University, Department of Psychology; Kellen Blum, Saint Louis University; Michael Ross, Saint Louis University*

### **Athletic Identity, Reason for Retirement, and Reached Athletic Goals Impact Former Athletes' Transition of a Life Without Sports; Flourishing, Satisfaction with Life, Physical Health**

*Camryn Ybarra, LBSU; Leilani Madrigal, Long Beach State University; Jana Fogaca, Long Beach State University; Alison Ede, Long Beach State University*

### **Discovering the Truth Behind Football Culture: Mental Health in Collegiate Male Football Athletes**

*Caitlyn Hauff, University of South Alabama; Paige Fandel, University of South Alabama*

### **Division III Student-Athletes' Goal Orientations Linked to their Motivation-Related Responses in Sport and their Well-Being**

*Candace Hogue, University of Minnesota; Jason Kaul, University of Minnesota*

### **Examination of the Impact of Substance Use on Sport Training and Competition in Collegiate Athletes**

*Igor Kowal, AASP; Angelos Tsalafos, University of Nevada, Las Vegas; Ray Lopez, AASP; Dr. Kim Barchard, University of Nevada, Las Vegas (UNLV); Dr. Shane Kraus, University of Nevada, Las Vegas (UNLV); Dan Allen, University of Nevada, Las Vegas (UNLV); Dr. Bradley Donohue, AASP*

### **Examining the Relationship of Race and Gender Among Collegiate Athletes' Requests for Mental Health and Sport Psychology Services**

*Jessica Renteria, University of North Texas; Mikaili Robertson, University of North Texas; Trent Petrie, University of North Texas*

### **Facilitating DI Student-Athlete Help-Seeking: The Roles of Key Stakeholders and Athlete Attitudes, Beliefs, and Knowledge About Mental Health Services**

*Nick Magera, University of North Texas; Briana Wallace, University of North Texas; Lindsey Slavin, University of North Texas; Kayleigh Bolton, University of North Texas; Trent Petrie, University of North Texas*

### **Identifying Institutional Resources for Student-Athletes Transitioning out of Collegiate Sport: A Survey of NCAA Division III Athletic Department Administrators**

*Peyton Greco, University of North Carolina at Greensboro; Erin Reifsteck, University of North Carolina at Greensboro*

### **Mindful Sport Performance (MSPE) Intervention with 90 NCAA Division-I Female Athletes**

*Jacob Jensen, California State University-Northridge; Jessica Lewis, California State University, Northridge; Mark P Otten, California State University, Northridge*

### **NCAA Division I Student-Athletes' Understanding of and Attitudes Toward Mental Performance Services**

*Allison Rudisill, University of Southern Mississippi; Morgan Eckenrod, University of Southern Mississippi*

### **Prevalence of Anxiety and Depression among Collegiate Student-Athletes: Race and Gender**

*Javon Williams, University of North Texas; Cachet Lue, University of North Texas; Trent Petrie, University of North Texas*

### **Prevalence of Anxiety, Perceived Food Insecurity, and Purging Behaviors in NCAA D1 Student-Athletes**

*Sara Burkhart, Long Beach State University; Catherine Croft, Long Beach State University; Darra Thomas, Long Beach State University; Elizabeth Witt, ASI, CSU Long Beach; Jana Fogaca, Long Beach State University; Leilani Madrigal, Long Beach State University*

### **Psychometric Evaluation of the Symptom Checklist-90-Revised in a Collegiate Athlete Sample**

*Raymond Lopez, University of Nevada, Las Vegas; Bradley Donohue, University of Nevada, Las Vegas; Kimberly Barchard, University of Nevada, Las Vegas; Kristin Brooks, Stand Tall Consulting; Linnea Bacon, University of Nevada, Las Vegas; Malorie Feidner, Maloriejoy Consulting & Coaching*

### **Relational Efficacy and Social Support in Athletics**

*Ronald Russell III, Indiana University; Christine Habeeb, East Carolina University*

### **Silent Battles of International Women Student-Athletes: A Phenomenological Study**

*Arna Erega, University of Texas at Austin*

### **The COVID-19 Pandemic and Social Injustices Affected Black Student Athletes**

*Briana Wallace, University of North Texas; Trent Petrie, University of North Texas; Javon Williams, University of North Texas; E. Whitney Moore, East Carolina University*

### **The Effect of Social Media on Body Image and Body Satisfaction in NCAA Athletes**

*Jamie McAllister-Deitrick, Coastal Carolina University; Kayla Korn, Coastal Carolina University; K. Michelle Singleton, Coastal Carolina University; Susannah L. Reiner, University of Kentucky*

### **The Relationship Between Collegiate Basketball Athletes' Personalities and Their Preference for Motivational and Instructional Self-Talk During a Free Throw**

*Hyejin Song, Long Beach Men's Basketball Team*

### **What's the Impact of Goal Types on Attention, Anxiety, and Performance across Two Different Tasks?**

*Steven Winger, Western Kentucky University; Lauren Heelan, Western Kentucky University; Emily Roepke, Western Kentucky University*

## **Consulting & Interventions**

### **"I Use It in Life": Collegiate Women Athletes' Experience and Evaluation of an 8-Week Virtual Mindful Self-Compassion Program**

*Danielle Teare, University of North Carolina Greensboro; Tsz Lun (Alan) Chu, University of North Carolina at Greensboro; Chanel Bradford, University of Wisconsin- Green Bay*

### **A Practical Guide to Using Routine Outcome Monitoring in Sport Psychology Interventions**

*Rebecca Steins, Saint Louis University; Savannah Jefferis-Henriques, Saint Louis University; Emily Chua, Saint Louis University, Department of Psychology; Michael Ross, Saint Louis University*

### **Breathe & Bring the Heat: Optimizing Sports Performance with Mindfulness and Acceptance & Commitment Training**

*Daniel Moran, Pickslyde Consulting*

### **From Books to Fields: A Framework for Navigating Service Delivery**

*Ryan Bahadursingh, F3EA; Jonathan Stewart, KBR*

### **How are we Addressing the Yips? A Scoping Review**

*Johanna Glaaser, Florida State University; Sam Fonder, Florida State University*

### **Implementing Electroencephalogram (EEG) Technology in Mindfulness Training With the Use of a FocusCalm Device: A Case Study**

*Beaux Myers, Colby College*

### **Personal Growth Days: Sport Psychology Mental Skills to Life Skills as a Practical Application at the High School and University Level**

*Darrell Phillips, University of Kansas; Jacob Chamberlin, University of Kansas; Zeljka Vidic, Western Michigan University; Javier Burga, Potential & Peformance LLC*

### **The Described Experience of Gratitude Within Professional Athletes: A Generic Qualitative Inquiry**

*Mitzi James Kincaid, California State University, Sacramento; John F Kennedy University; Azusa Pacific University; Dominican University; PerformanceGRIT*

### **The NEER Model: A New Framework for Sport and Performance Psychology Consulting**

*Ashley Samson, University of Kentucky; Marc Cormier, University of Kentucky*

## **Diversity & Culture**

### **Barriers to Physical Activity in Children and Adults among Latinas**

*Jasmine Reyna, Mount Saint Mary's University-Clinical Psychology Program ; Brad Conn, Compton College/Artest University*

**Body Satisfaction and Disordered Eating Among Division I Men Student-Athletes: Considerations of Race**

*Caleb Wilborn, The University of North Texas; Carmyn Hayes, The University of North Texas; Trent Petrie, University of North Texas*

**Development and Psychometric Examination of the Cultural Domains Menu in a Sample of Collegiate Athletes**

*Malorie Feidner, University of Nevada, Las Vegas; Bradley Donohue, University of Nevada, Las Vegas; Kristin Brooks, Stand Tall Consulting; Linnea Bacon, University of Nevada, Las Vegas; Daniel Allen, University of Nevada, Las Vegas*

**Identity Formation, Coping, and College Transition of NCAA Greek Student-Athletes**

*Theoklitos Karipidis, Indiana University*

**Sociocultural Factors Influencing Athletes' Attitudes and Stigma towards Seeking Support for Mental Health: A Mixed-Methods Study**

*Linnea Bacon, University of Nevada, Las Vegas; Robert Morris, University of Stirling*

**Sociocultural Factors Influencing Self-Criticism and Criticism of Teammates Across Training and Competition Contexts**

*Linnea Bacon, University of Nevada, Las Vegas; Bradley Donohue, University of Nevada, Las Vegas; Malorie Feidner, University of Nevada, Las Vegas; Daniel Allen, University of Nevada, Las Vegas*

**Elite/Pro Sport**

**A Comprehensive Meta-Analysis of the Mental Toughness Effect on Performance**

*Dax Crum, Utah State University*

**Development of a Holistic Performance Assessment Framework in Elite English Football Officiating: A Performance Psychology Perspective**

*Liam Slack, PGMOL*

**Enhancing Performance: A Qualitative Inquiry into the Influence of a Sport Psychology Workshop at an International Basketball Combine**

*Samuel Morton, Pursuit Sports Group; Brad Conn, Compton College/Artest University; Renard Simmons, ; Sera Khaneshan, Pepperdine University*

**Exploring Nonverbal Behavior Experience Process of Table Tennis Players**

*Kyoungjin Yang, ; Jieun Won, Seoul National University; Sungho Kwon, Seoul National University*

**Neuro-Training for Athletes: Exploring the Feasibility and Effectiveness of Neuroscience-Powered Visualization Training in Professional Soccer Clubs**

*Jon Ollora Ezenarro, Head of Emotion and Performance Unit at Real Sociedad (LaLiga); Ryan Alexander, Director of Sports Science at Atlanta United FC (MLS); Konstantin Sonkin, i-BrainTech*

**Paradigm Model Analysis of eSports Athletes' Stress Experience**

*MJ Kim, Korea National Sport University (KNSU)*

**The Effects of Shared Leadership in Team Sport**

*Sungho Kwon, Seoul National University; Seungjoo Lee, Seoul National University; Seungho Chang, San José State University*

**The Relationship of Followership and Perceived Performance: A Verification of the Moderating Effect of Coach's Leadership**

*Gilyoung Jang, Seoul National University; Taiwoo Kim, Seoul National University; Sungho Kwon, Seoul National University*

## Exercise/Health/Fitness

### **“Strava Is to Me as Instagram Is to Teenage Girls”: Athletes’ Perceptions of Strava Use as Shared on Reddit**

*Ellen Becken, Gustavus Adolphus College; Lucie Henrich, Gustavus Adolphus College; Kate Carlson, Gustavus Adolphus College; Hayley Russell, Gustavus Adolphus College; Charlie Potts, Gustavus Adolphus College*

### **Adolescent Girls’ Daily Associations Between Social Support, Stress, and Physical Activity**

*Emily Postlethwait, University of North Carolina Greensboro; Alexa Villarreal, University of North Carolina Greensboro; Jessica Dollar, University of North Carolina Greensboro; Jaclyn Maher, University of North Carolina Greensboro*

### **Characteristics of Students Participating in an Exercise is Medicine On Campus® Peer Mentor Program**

*Sara Powell, California State University, Monterey Bay; Lisa Leininger, California State University, Monterey Bay; Nicole Avila, California State University, Monterey Bay; Sofia Gombos, California State University, Monterey Bay; Emilee Sanchez, California State University, Monterey Bay; Azucena Zamora, California State University, Monterey Bay*

### **Exercise Patterns and Exercise Motivation Among International College Students Attending Universities in the United States**

*Jeffrey Pauline, Syracuse University*

### **I Am Worthy: Culturally Tailored Approaches to Mantras for Black Women Exercisers**

*Leeja Carter, Coalition for Food and Health Equity; Keyana Spivey, Coalition Equity; Sanjiv Sunderram, Coalition Equity*

### **Pandemic Perspectives: An Update on the Relationship Between Exercise and Anxiety**

*Ann Hillary Buenafe, California State University, Northridge; Ivan Alatorre, California State University, Northridge; Mark P Otten, California State University, Northridge; Melanie Machorro, California State University, Northridge*

### **Relationship between Memory Characteristics and Concussion History in Athletes**

*Myles Ward, Sport IMPACT Lab Tarleton State University; Myles Ward, Tarleton State University Sport IMPACT Lab; Christina Villalon, Tarleton State University*

### **Strength Training’s Potential to Build Functionality Appreciation**

*Sophia Pellegrom, University of Massachusetts Boston; Laura Hayden, University of Massachusetts Boston*

## Injury/Rehabilitation

### **Application of Theory for Patients Returning from ACLR: An Integrated Approach to Stress and Injury and Attention Control using the Default Mode Network**

*Morayo Abbey-Bada, Duke University; Elaine Reiche, University of North Carolina at Chapel Hill; Shelby Baez, University of North Carolina at Chapel Hill*

### **Enhancing Athlete Well-being: Integrating Neuropsychological Evaluations as a Preventative Measure in High-Contact Sports**

*Renard Simmons, ; Brad Conn, Compton College/Artest University*

### **High School Football Player Experiences with Multiple Injuries: A Qualitative Biopsychosocial Model Application**

*Jesse Steinfeldt, Indiana University; Natalie Golub, Indiana University*

### **Investigating Psychosocial Barriers to Reporting Injuries Among Female College Athletes: Insights from a Focus Group Interview**

*Tae Horiuchi, Takachiho University; Hayato Toyoda, University of Yamanashi; Yasuhiro Omi, University of Yamanashi*

### **Psychological Considerations Within Athlete Injury Rehabilitation: Helping Coaches Help Athletes**

*Kelley Renner, University of Kentucky; Marc Cormier, University of Kentucky*

### **The Journey from Trauma to Growth: Insights into Athletes' Experiences of Interpersonal Trauma and Recovery**

*Gibbem Jung, Chungang University; Heeyun Choi, Chungang University; Jungyoun Kim, Chungang University; Junghoon Huh, Chungang University; Hyunyoung Lee, Chungang University; Joonyoung Lee, Jackson State University*

### **The Relationship between Psychological Readiness to Return to Sport and Athlete Coping Skills after ACL Reconstruction**

*Caitlin Brinkman, University of North Carolina at Chapel Hill, Chapel Hill, NC; Shelby Baez, University of North Carolina at Chapel Hill; Francesca Genoese, Michigan State University*

### **Use of Biofeedback in the Sport Injury Rehabilitation Process**

*Isabella Fiorenzo, Saint Louis University; Michael Ross, Saint Louis University*

## **Mental Health**

### **Beyond the Game: Exploring Mental Health and Sport Psychology Services Among Black College Athletes**

*Joonyoung Lee, Jackson State University; Brandi Shavers, Jackson State University; Olivia Calhoun, Jackson State University; Dongwook Cho, Keimyung University; James Robinson, Jackson State University; Ciara Corley, Jackson State University; Seong Kwan Cho, Texas A&M International University; Eun Seong Kim, Jackson State University*

### **Eating Disorder Symptomatology, Contextual Body Image, and Cultural Body Ideals in the Rock Climbing Community**

*Hailey Chatterton, ; Arianna Shimits, self employed; Aaron Weichart, Springfield College; Hande Turkeri Bozkurt, Hacettepe University; Paul Salitsky, Univ California Davis; Christine Selby, Springfield College; Erika Van Dyke, Springfield College*

### **Exploring Depression Levels and Sex Differences in Collegiate Athletes: A Focus on Equity**

*Reid Davis, Michigan State University; Sam Cartier, Michigan State University; Alyssa Pollard-McGrandy, Michigan State University; Destiny Teachnor-Hauk, Michigan State University*

### **Irrational Beliefs Among Competitive High School Student Athletes: Are They General or Context-Driven?**

*Kathleen Everson, North Coast Psychological Services; Mark Terjesen, St. John's Univeristy*

### **Mindful Swings: Exploring the Impact of Mindfulness Meditation on Pre-Competitive State Anxiety and Relationships in Collegiate Golf Players**

*Josh Murillo, California State University, Long Beach (CSULB); Jillian Mueller-Dombois, California State University, Long Beach*

### **People Who Accept Interpersonal Violence in Sports: A Focus on Long-Term Repeated Victimization and Meaning Attribution**

*Hayato Toyoda, University of Yamanashi; Katsuhiko Ishikawa, Naruto University of Education; Tae Horiuchi, Takachiho University; Yasuhiro Omi, University of Yamanashi*

### **Social Workers: An Underutilized Profession in Sports**

*Matt Barnes, Southwest Counselling Services; Austin Wilson, Wilson Mental Performance Consulting*

### **Throwing Darts: Integrated Care System and Athlete Referral System in a Division II University**

*J.C. Ausmus, University of Texas Permian Basin*

### **Utilizing the Sport Mental Health Assessment Tool 1(SMHAT-1) as a Mental Health Screening Tool in Collegiate Division I Athletes**

*Megan O'Brokta, University of North Carolina at Greensboro; Jen Farrell, University of North Carolina Greensboro/MindBody Endurance*

### **What Is the Good Life and How Do We Engineer It? Progress, Propositions, and Prospects for Psychological Well-being in Sport**

*Faye Didymus, Leeds Beckett University; Richard Simpson, Leeds Trinity University*

## **Non-Sport Performance Applications**

### **Cognitive Factors Associated with Performance Anxiety in Musicians**

*Thomas Nicholl, The University of Sydney; Maree Abbott, The University of Sydney*

## **Private Practice**

### **Bringing Sport Performance Psychology to a Wider Audience: A YouTube Project**

*Mark P Otten, California State University, Northridge; Isabel López, University of California, Santa Barbara*

## **Professional Development, Supervision, and Mentoring**

### **Investigating Differences in the Perceived Stress, Burnout, and Occupational Recovery of CMPCs When Grouped by Weekly Hours Worked**

*Anthony Magdaleno, University of Wisconsin-Milwaukee; Barbara Meyer, University of Wisconsin-Milwaukee*

### **Multicultural Training in Master's Sport Psychology Programs: Areas for Improvement and Growth**

*Simon Wright, University of North Texas; Macey Arnold, University of North Texas; Trent Petrie, University of North Texas*

## **Research Design**

### **"Success Breeds Success" - Uncovering Trends in Scholarly Output: A Replication Study of Publishing Patterns in Sport Psychology Journals**

*William Bean, Florida State University*

### **Analyzing the Impact of Imagery Intervention on D1 Women's Tennis Players' Kinematics**

*PIN CHEN LIN, New Mexico State University; Cabel McCandless, New Mexico State University; Phillip Post, New Mexico State University; Christopher Aiken, New Mexico State University*

### **Neurocognitive Evaluation of Emotional Reactions to Verbal Stimuli: A Counterbalancing Manipulation Check**

*Enzo Everett, American Musical and Dramatic Academy - AMDA Los Angeles; Marcelo Bigliassi, Florida International University*

### **Self-Assessment Measures Help Student Pilots Gain Valuable Insights into Their Mental Performance**

*John Gassaway, USAF; Anthony Acevedo, USAF*

## **Social Justice, Equity, and Inclusion**

### **Exploration of Coping, Social Support, and Institutional Change Amid Racial Maltreatment: Black Male Collegiate Football Players' Perspectives**

*Mikaili Robertson, University of North Texas; Jessica Renteria, University of North Texas; John Andrew Walsh, University of Michigan; Trent Petrie, University of North Texas*

### **Texas High School Coaches' Attitudes towards Transgender Athletes' Sport Participation: A Qualitative Analysis**

*Macey Arnold, University of North Texas; Kasey Chambers, University of North Texas; Trent Petrie, University of North Texas*

### **The Perceptions of Menstrual Cycles and Hormonal Contraception: The Effects on Athletic Performance**

*Savannah Jefferis-Henriques, Saint Louis University; Rebecca Steins, Saint Louis University; Michael Ross, Saint Louis University*

## **Tactical Populations**

### **Integrating Self-Determination Theory and Motivational Interviewing to Optimize Special Operator Leadership Practices**

*Conrad Woolsey, Optimum Performance & Wellness Associates*

## **Perceptions of Ill-Fitting Turnout Gear of Female Firefighters: “We Don’t Need Men’s Gear in a Smaller Size!”**

*Samantha Dardaman, University of North Texas; Kuanting Chen, Texas A&M University; Meredith McQuerry, Florida State University; Jennifer Yentes, Texas A&M University; Scott Martin, University of North Texas*

## **Teaching**

### **Beyond a Counseling Skills Course: Macro and Micro Skills for Mental Performance Consultation**

*Teresa Fletcher, Adler University; Jack Mullen, Adler University*

### **Playful Teaching & Engaged Learning: Strategies to Infuse Play into your Sport Psychology Class**

*Heather Van Mullem, Lewis-Clark State College; Linda Sterling, Sterling Sport Mindset*

### **Students’ and Teachers’ Perceptions of Caring and Task-Involving Climates in the Classroom**

*Marta Guivernau, Kent State University*

### **The Classroom Shuffle: Engaging Students with Project-Based Learning in the Undergraduate Sport, Exercise, and Performance Psychology Classroom**

*Itay Basevitch, Texas A & M University - Kingsville; Amber Shipherd, Texas A&M University - Kingsville / Next Level Mind Consulting; Cole Payne, Texas A&M University - Kingsville*

### **Use of a Competitive Drawing Based Task to Apply Communication Principles in the SEP Classroom**

*Heather Deaner, California State University, Stanislaus*

## **Youth Sport**

### **Assessment of Stress Responses in Ballet Performance: A Case Study of the Nutcracker Series**

*Lawrence Judge, Ball State University; Joe Perkins, Ft. Wayne Medical Group; Matthew Wells, Ft. Wayne Medical Group; Brian Hunriksen, Ft. Wayne Medical Group; Adam Smith, Ball State University; David Bellar, University of West Florida*

### **It Is Not Always (Only) About Sport – Working with Young Athletes Using the Theory of Positive Sport**

*Tomasz Kurach, University of Warsaw, Foundation of Positive Sport, Zuzanna Hejduk-Mostowy, Foundation of Positive Sport; Pola Weiner, Foundation of Positive Sport, Center for Performance Psychology; Dominika Wilczyńska, Faculty of Social and Humanities, WSB Merito University; Joanna Znosko, Foundation of Positive Sport, Gdansk University of Physical Education and Sports*

### **The Dissimilar Effects of Recreational and Competitive Youth Sport Experiences on Long-Term Sport Engagement: The Mediating Role of Enjoyment and the Moderating Role of Parental Involvement**

*Sanghoon Kim, Michigan State University; Sangchul Park, Alma College; Joon Young Han, Yeungnam University*

### **The Effect of the Youth Soccer Football TARGET Program on Intrinsic Motivation, Self-Esteem, and Peer Relationship in Youth Soccer**

*Sangbeom Seok, Chungang University; Junghoon Huh, Chungang University; Jeongdug Sul, Chungang University; Hyungjin Park, Chungang University; Donghyun Yong, Chungang University; Wonbin Ju, Chungang University; Joonyoung Lee, Jackson State University*

## **Friday, October 25**

## **Coaching**

### **A Review of Graduate Applied Sport Psychology Programs in the United States: Examining Coach Curricular Content**

*Tammy Sheehy, Bridgewater College*



### **Exploring the Experience and Response of Coaching Behavior in Sport Contexts**

*Sungho Kwon, Seoul National University; Seungjoo Lee, Seoul National University; Seungho Chang, San José State University*

### **Impact of COVID-19 on Strength and Conditioning Coaches Empowerment and Coaching Practice**

*Lawrence Judge, Ball State University; Danielle Sterner, University of Central Florida; Lena Marcus, University of North Carolina at Charlotte; Ben Kern, University of Wyoming; David Bellar, University of West Florida*

### **Mental Strength, Resilience and Grit in Grapplers, Strikers, Physically Active and Sedentary Individuals**

*Leandro de Lorenzo Lima,*

### **The Psychology of Rest in Coaches: Implications for Sport Psychology Practitioners**

*David Eccles, Florida State University; Thomas Gretton, University of Wisconsin, Green Bay; Nate Harris, Florida State University; Svenja Wolf, Florida State University*

### **Thriving Through Being: An Evidence-Based Professional Development Program for Coaches**

*Shelby Miller, University of Tennessee; Lauren McHenry, McHenry Mental Performance, LLC; Rebecca Zakrajsek, University of Tennessee*

## **Collegiate Sport**

### **"Now It's Our Turn": Exploring Scoring Patterns in Collegiate Baseball and Softball**

*Andrew White, Hiram College; Erica Kirby, Hiram College; Mason Early, Hiram College*

### **An Evaluation of a Collaborative Approach to Implementing Mental Performance Programming at an NCAA Division III institution**

*Lindsey Kellar, Illinois Wesleyan University; Melvin Sangalang, Illinois State University; Spencer DeForest, Illinois State University; Brett Haffner, Illinois State University; Ellie Cain, Illinois State University; Scott Pierce, Illinois State University*

### **An Exploration of Collegiate Student Athletes' Mental Health Outcomes: The Role of Mental Health Screenings on Service Utilization**

*Kari Herman, University of Wisconsin-Eau Claire; Kylie Mohr, University of Wisconsin - Eau Claire; Stacey Jackson, The University of Wisconsin- Eau Claire; Amy Rantala, Mayo Clinic Health System*

### **Collegiate Athletes' Interest in Setting Performance Goals Specific to Mental Health Optimization May Be Compromised by Psychiatric Symptomology**

*Kristin Brooks, Stand Tall Consulting; Brad Donohue, UNLV ; Raymond Lopez, UNLV; Linnea Bacon, UNLV; Angelos Tsalafos, UNLV; Malorie Feidner, UNLV*

### **Effort-Reward Imbalance Among Student-Athletes: Relationships with Exploitation, Well-being, Performance Satisfaction, Stress, and Burnout**

*Joseph White, Northwestern University*

### **Examining the Efficacy of an Alcohol Protective Behavioral Strategies Intervention for College Student Athletes and Greek Life Members**

*Lauren Zimmerman, Premier Sport Psychology; Alison Looby, University of Wyoming*

### **Exploratory Factor Analyses of the Female and Male Body Checking Questionnaires in Collegiate-Athletes**

*Stephen Cirella, University of Rhode Island; Kathleen Webster, Department of Psychology at the University of Rhode Island; Mark Hartman, Department of Kinesiology at the University of Rhode Island ; Lisa Harlow, Department of Psychology at the University of Rhode Island*

### **From Graduate Student to Collegiate Football Coach: An Ethnographic Case Study**

*Keira Towers, KT Performance Consulting; Tate O'Hara, University of Tennessee, Knoxville; Scott Barnicle, University of Tennessee*

### **In Their Own Voices: Factors Effecting Collegiate Hockey Player Use and Perceptions of Mental Skills**

*Elia Burbidge, Springfield College; Lindsay Ross-Stewart, Southern Illinois University Edwardsville; Stephanie Cameron, Pivot Sport Psychology Consulting, LLC | Southern IL University Edwardsville; Lindsay Miles, Southern Illinois University Edwardsville*

### **Name, Image, & Likeness: Former NCAA Athletes' Reflections on Collegiate and Post-Collegiate Experiences in the NIL-era**

*Deyanira Enriquez, Flatiron Mental Performance; Katie Pieterse,*

### **Positive and Negative Experiences with Sport Culture in Collegiate Athletes: How Are These Factors Associated with Mental Health Symptomology**

*Angelos Tsalafos, University of Nevada, Las Vegas; Linnea Bacon, AASP ; Dr. Bradley Donohue, AASP; Kristin Brooks, AASP*

### **Prevalence of Anxiety, Depression, and Utilization of Mental Health Services in NCAA Division I Student-Athletes**

*Andrew Rust, Long Beach State University; Nahal Amiraslani, Long Beach State University; Jason Phan, Long Beach State University; Sydney Washington, Long Beach State University; Lauren Pierre, Long Beach State University; Jana Fogaca, Long Beach State University; Leilani Madrigal, Long Beach State University*

### **Relationship Between Self-Criticism and Criticism of Others While Performing in Sports Training and Competition**

*Linnea Bacon, University of Nevada, Las Vegas; Bradley Donohue, University of Nevada, Las Vegas; Angelos Tsalafos, University of Nevada, Las Vegas; Kristin Brooks, Stand Tall Consulting; Lidia Wossen, University of Nevada, Las Vegas; Raymond Lopez, University of Nevada, Las Vegas; Malorie Feidner, University of Nevada, Las Vegas*

### **Standards of Practice for Program Evaluation of Collegiate Student-Athlete Services**

*Samantha Dardaman, University of North Texas; Scott Martin, University of North Texas; Robin Henson, University of North Texas*

### **The Development of the VR Device Program for Korean Tennis Athletes: A Psychological Skills Training Interventions**

*Chang-Yong Jang, Andong National University; Juhwan Jang, Hankuk University of Foreign Studies; Seung-Min Baek, Andong National University*

### **The Mindful Athlete Program: A Holistic Approach to Addressing Student-Athlete Mental Health Needs and Enhancing Self-Awareness**

*JoAnne Bullard, Rowan University; SoJung Kim, Rowan University*

### **The Relationship of Athletic Identity and Sport Motivation on Collegiate eSports Burnout**

*William Russell, Missouri Western State University*

### **Wrestling Participation at Historically Black Colleges and Universities**

*Jerry Holt, Florida A&M University*

## **Consulting & Interventions**

### **"I Just Cannot Set the Ball Anymore!": An Experience of the Yips in Collegiate Volleyball**

*Hannah Miller, West Virginia University; Luca Ziegler, West Virginia University; Ashley Coker-Cranney, West Virginia University*

### **A Season of Self-Reflection: A Neophyte Practitioner's Growth Through Working With a Youth Ice Hockey Team**

*Tage Waite, Southern Illinois University Edwardsville*

### **Applying Self-compassion in Sport Contexts: A Pressure Training Intervention**

*Emily Chua, Saint Louis University, Department of Psychology; Michael Ross, Saint Louis University*

### **Biofeedback Use and Acceptance by Mental Performance Consultants**

*William Bean, Florida State University; David Eccles, Florida State University; Robert Eklund, Florida State University*

## **Development of an Applied Decision-Making Intervention Model for Team Sports**

*Itay Basevitch, Texas A & M University - Kingsville; Amber Shipherd, Texas A&M University - Kingsville / Next Level Mind Consulting*

## **Examination of Goals, Attention, Anxiety, and Performance**

*Steven Winingar, Western Kentucky University; Lauren Heelan, Western Kentucky University; Savannah Savage, WKU*

## **Heels Down, Eyes Up: The Nuances of Working with Equestrian Athletes**

*Emily Magnone, UK Healthcare Orthopedics & Sports Medicine; Victoria Orcutt, University of Kentucky; Ashley Samson, University of Kentucky*

## **How do Canadian National Team Athletes Manage Critical and Global Stressors? Athlete, Coach, and Support Staff Perspectives**

*Lori Dithurbide, Dalhousie University; Gabriel Delage, Université de Sherbrooke; Veronique Boudreault, Université de Sherbrooke; Natalie Durand-Bush, University of Ottawa; Lucy MacLeod, Dalhousie University; Véronique Gauthier, Université du Québec à Trois-Rivière*

## **Life and Death in Sport: Consulting through Grief**

*Tanner Biver, The Performance Pursuit, LLC.; Teresa Fletcher, Adler University*

## **Rolling the Dice: A Randomized Controlled Trial Investigating the Effect of a Stress Mindset Intervention on Academic Burnout in College Students**

*Amber Shipherd, Texas A&M University - Kingsville / Next Level Mind Consulting; Itay Basevitch, Texas A & M University - Kingsville; McKenzie Hahn, Texas A&M University-Kingsville*

## **The Effects of a Sports Nutrition Education Intervention on Dietary Behavior and Nutrition Self-Efficacy**

*Kimberly Singleton, Coastal Carolina University; Jamie McAllister-Deitrick, Coastal Carolina University; Michael Miller, Western Michigan University; Chad Kerksick, Lindenwood University*

## **Diversity & Culture**

### **Black Female Collegiate Athletes Sense of Belonging on Predominantly White Teams**

*Emily Schwabe, Southern Illinois University Edwardsville; Lindsay Ross-Stewart, Southern Illinois University Edwardsville; Darrian Stapleton, Southern Illinois University Edwardsville; Cherese Fine, Southern Illinois University Edwardsville*

### **Body Satisfaction and Disordered Eating Among Division I Women Student-Athletes: Considerations of Race**

*Carmyn Hayes, The University of North Texas; Caleb Wilborn, The University of North Texas; Trent Petrie, University of North Texas*

### **Elite Mormon Athletes: Results from a Phenomenological Study**

*Kelly Furr, Athlete Mental Wellness*

### **Retrospective Reflections on the Role Played by Sport in the Integration of International Students Into Their Host Communities: An Auto-Phenomenological Study**

*Majoro Khale, University of Kansas Sport and Exercise Psychology; Mary Fry, University of Kansas*

## **Elite/Pro Sport**

### **“The Degree of Success”: Using Ecological Momentary Assessment and Key Stakeholder Perspectives to Examine the Stress and Coping Experiences of Dual-Career UK Badminton Athletes**

*Sofie Kent, ; Tracey Devonport, BASES*

## **Building Working Partnerships between Sport Psychology Graduate Programs and Professional Soccer Organizations**

Scott Barnicle, University of Tennessee; Nicole Rogers, University of Tennessee - Knoxville; Abbie Richeson, University of Tennessee

**Does Pitching Still Lead to Playoff Success in Major League Baseball? An Update**

Brandon Shearer, California Lutheran University; Mark P Otten, California State University, Northridge

**Exhilaration in Extreme Sport**

Joshua Coon, San Juan College; Missy Thompson, Fort Lewis College

**Linking Cohesion, Team Mental Models, Coordination, Collective Efficacy, and Team Performance: Testing an Integrated Framework of Team Dynamics**

Edson Filho, Boston University

**Nonverbal Behavior in Professional Soccer Players**

Ingrid Lian, Norwegian School of Sport Sciences; Siv Gjesdal, Norwegian School of Sport Sciences; Geir Jordet, Norwegian School of Sport Sciences

**You Wouldn't Catch Me Doing That: A Qualitative Exploration of Motivations in Extreme Sport Participants**

Odette Hornby, University of South Wales; David Shearer, University of South Wales; Gareth Roderique-Davies, University of South Wales; Robert Heirene, University of Sydney

**Exercise/Health/Fitness**

**Active Parenting, Active Teens: Exploring the Relationship Between Parental Engagement and Adolescent Physical Activity and Body Image**

Lindsey Forbes, Dr. Forbes & Associates; Wendy Ellis, Associate Professor, King's University College at Western University; Lynda Hutchinson, King's University College at Western University

**Adolescent Girls' Physical Activity Intentions and Behavior: The Moderating Role of Positive Affect**

Maslyn Behler, University of North Carolina at Greensboro; Jessica Dollar, University of North Carolina at Greensboro; Jaclyn Maher, University of North Carolina at Greensboro; Alexa Villarreal, University of North Carolina at Greensboro

**Exercise Behaviors in Adult Video Game Players**

Haylei Scoggins, Texas Christian University; Robyn Trocchio, Texas Christian University

**Exercise Professionals' Responses to an Online Weight Stigma Reduction Intervention**

Jana Fogaca, Long Beach State University; Saemi Lee, California State University, Los Angeles; Luciana Zuest, Towson University; Nikole Decker Squires, Northern Arizona University; Dawn Clifford, Northern Arizona University

**Impact of Breathing Techniques on the Speed-Accuracy Tradeoff in Fine and Gross Motor Tasks**

Brooke McCann, Florida International University; Ekaterina Oparina, Florida International University; Jason Kostrna, Florida International University

**Parental Support Behaviors in Youth Sport Campers: Gender, SES, and Race Differences**

Brian Butki, Colorado State University

**Relationships Between Goal Orientations, Supporting Behaviors, and Smartwatch-Measured Steps Among Native American Female College Students**

Taylor Toya, Fort Lewis College; Riley Todacheene, Fort Lewis College; Ty Gray, Fort Lewis College; Melissa Knight-Maloney, Fort Lewis College; Mark Beattie, Fort Lewis College; Susumu Iwasaki, Fort Lewis College

**The Effects of a Four-Week Technology-Delivered Mindfulness Intervention During a Rowing Task**

Rebekah Gay, Texas Christian University; Sarah Junkersfeld, Texas Christian University; Robyn Trocchio, Texas Christian University

**The Motivations for the Adherence of Weight Training Past Adolescence in Women: An Exploratory Phenomenological Study**

*Sophia Pellegrom, University of Massachusetts Boston; Edson Filho, Boston University*

**The Past, the Present or the Future? Investigating the Influence of Time Perspectives (TP) on Sport Performance**

*Tomasz Kurach, University of Warsaw, Foundation of Positive Sport; Maciej Stolarski, University of Warsaw; Dominika Pruszczak, University of Warsaw*

**Injury/Rehabilitation**

**“It Is an Out of Body Experience.” Exploring Imagery Use for an Injured Athlete Post-surgery: A Case Study**

*Beaux Myers, Colby College*

**Addressing Psychological Factors Associated with Injury in Female Collegiate Athletes**

*Sarah Fritsche, The Chicago School of Professional Psychology; Sarah Fritsche, The Chicago School of Professional Psychology*

**Cognitive Behavioral Based Physical Therapy to Improve Functional Outcomes in Patients with Chronic Ankle Instability: A Pilot Randomized Control Trial**

*Jason Grindstaff, Cumberland University; Abbis Jaffri, Creighton University; Adam Rosen, University of Nebraska, Omaha*

**Exploring the Influence of Gratitude on Musculoskeletal Injury Recovery: A Latent Growth Modeling Analysis**

*Alexandra Dluzniewski, University of Idaho; Madeline Casanova, University of Idaho; Russell Baker, University of Idaho; Sarah Ullrich-French, Washington State University ; CJ Brush, University of Idaho*

**Integrated Mental Skills Consulting in the Orthopedic Clinic**

*Corey Smith, Maine Dartmouth Family Medicine Residency*

**Maximizing Athletic Trainer’s Role in Navigating the Psychology of Injury: How Can Sport Psychologists Help?**

*Rebecca Steins, Saint Louis University; Savannah Jefferis-Henriques, Saint Louis University; Michael Ross, Saint Louis University*

**Psychological Impact of Surgery on Injured Elite Female Athletes**

*John Coumbe-Lilley, University of Illinois at Chicago; Brielle Gomez, Western Michigan University*

**The Role of Passion on Depression and Psychological Readiness to Play in Athletes Recovering from Acute Injury**

*Andrea Grasmick, Neurotherapy of Colorado Springs; Amy O'Hana, University of Western States*

**Mental Health**

**A Comparison of Collegiate Athletes’ Mental Health During and Outside the Sport Season**

*Malorie Feidner, University of Nevada, Las Vegas; Bradley Donohue, University of Nevada, Las Vegas; Linnea Bacon, University of Nevada, Las Vegas; Eibhlis Moriarity, University of Nevada, Las Vegas; Daniel Allen, University of Nevada, Las Vegas*

**Associations among Mother-Daughter Maturation Timing, Clothing-Specific Body Image, Social Physique Anxiety (SPA), and Sport Type**

*Eva Monsma, University of South Carolina; Jennifer Gay, University of Georgia; Toni Torres-McGehee, University of South Carolina*

**Body Satisfaction and Disordered Eating in Black Men Collegiate Athletes: The Roles of Resilience, Self-compassion, and Social Support**

*Dafina Chisolm-Salau, University of North Texas; Trent Petrie, University of North Texas*

### **Death and Nondeath Losses in Sport: Supportive Responses for Collegiate Athletic Personnel**

*Maribeth Jorgensen, Sam Houston State University; Paula Parker, Campbell University, Exercise Science*

### **Development and Initial Psychometric Evaluation of the Mental Health Performance Optimization Rating Scale (MHPORS)**

*Raymond Lopez, University of Nevada, Las Vegas; Bradley Donohue, University of Nevada, Las Vegas; Shane Kraus, University of Nevada, Las Vegas; Kimberly Barchard, University of Nevada, Las Vegas; Kaelyn Griffin, University of Nevada, Las Vegas; Angelos Tsalafos, University of Nevada, Las Vegas; Lidia Wossen, University of Nevada, Las Vegas; Kristin Brooks, Stand Tall Consulting; Linnea Bacon, University of Nevada, Las Vegas; Malorie Feidner, Maloriejoy Consulting & Coaching*

### **Development of the Mindset for Ability Scale (MAS)**

*Bradley Levin, Touro University; Frank Gardner, Touro University*

### **Empathy in Sports: A Powerful Tool for Enhancing Athlete Performance and Well-being**

*Matt Barnes, Southwest Counselling Services; Austin Wilson, Wilson Mental Performance Consulting*

### **International Student-Athletes' Self-compassion and Psychological Distress: The Moderating Roles of Resilience and Social Support**

*Cachet Lue, University of North Texas; Chiachih DC Wang, University of North Texas; Trent Petrie, University of North Texas; E. Whitney Moore, East Carolina University*

### **It Takes a Team – Enhancing Student-Athlete Health and Well-Being Through an Interprofessional Approach**

*Rebecca Steins, Saint Louis University; Anthony Breitbart, Saint Louis University; Michael Ross, Saint Louis University*

### **Muscle Math: Examining the Associations Among Actual-Ideal Weight Discrepancy, Body Dissatisfaction, and the Drive for Muscularity Among Jamaican Male Weight Lifters**

*Chelsi Ricketts, Michigan State University; Caryl James, The University of the West Indies, Mona, Jamaica; André G. Bateman, The University of the West Indies, Mona; Abigail Harrison, The University of the West Indies, Mona, Jamaica; Marvin G. Powell, George Mason University; Emilio J. Compte, Adolfo Ibáñez University, Santiago, Chile*

### **Performance Optimization Assessment or Psychiatric Symptom Assessment: Which Do Collegiate Athletes Believe Will Help Them Most With Mental Health and Performance Optimization, Based on Their Level of Competitiveness?**

*Lidia Wossen, University of Nevada, Las Vegas; Bradley Donohue, University of Nevada, Las Vegas; Angelos Tsalafos, University of Nevada, Las Vegas; Linnea Bacon, University of Nevada, Las Vegas; Raymond Lopez, University of Nevada, Las Vegas*

### **Predicting Disordered Eating in Women Athletes: The Prospective Role of Body Satisfaction and Self-Compassion**

*Olivia Kit, The University of North Texas; Trent Petrie, University of North Texas; E. Whitney Moore, East Carolina University; Nick Magera, University of North Texas*

### **Prevalence and Perception of Mistreatment in Elite Dance Training**

*Cara Guglielmino, George Fox University*

### **Ripped Realities: A Qualitative Study in Body Building Transformation Challenges**

*Jillian Mueller-Dombois, California State University, Long Beach; Gavin Harrington, California State University, Long Beach; Josh Murillo, University of California, Riverside; Destiny Gilliland, California State University, Long Beach*

### **Survey on Japan Institute of Sport Science Psychological Support Practice: A Reflection from the Perspective of First Visits Among Elite Athletes**

*Yui Takahashi, Graduate School of Physical Education, Nippon Sport Science University; Susumu Iwasaki, Fort Lewis College; Takeru Onishi, Japan Institute of Sports Sciences; Yasuhisa Tachiya, Japan Institute of Sports Sciences*

## **The Intersection of Mental Performance Consulting and Trauma Work in Sports: Unveiling the Invisible Obstacle to High Performance**

*Matt Barnes, Southwest Counselling Services; Austin Wilson, Wilson Mental Performance Consulting*

## **The Relationship Between Criticism and Mental Health in Collegiate Athletes**

*Linnea Bacon, University of Nevada, Las Vegas; Bradley Donohue, University of Nevada, Las Vegas; Angelos Tsalafo, University of Nevada, Las Vegas; Raymond Lopez, University of Nevada, Las Vegas; Kristin Brooks, Stand Tall Consulting; Malorie Feidner, University of Nevada, Las Vegas; Daniel Allen, University of Nevada, Las Vegas*

## **The Relationship Between Psychological Distress and Requesting Help**

*Julian Yoon, University of North Texas; Cameren Pryor, University of North Texas; Trent Petrie, University of North Texas*

## **Using Pre-Performance Routines to Improve the Self-Efficacy of Graduate Student Trainees During Clinical Practice**

*Jason Maier, Midwestern University; Angela Breitmeyer, Midwestern University*

## **Visualizing Victory: The Role of Imagery in Empowering Athletes Battling Obsessive Compulsive Disorder**

*Sydney Raboin, University of North Dakota*

## **Young Adult Team Sports: Social Connectedness and Depressive Symptoms**

*Ella Trager, New York University*

## **Non-Sport Performance Applications**

### **Development of the Dance Imagery Questionnaire for Children (DIQ-C): Exploring the Component Structure**

*Irene Muir, Pennsylvania State University Altoona; Krista Chandler, University of Windsor*

### **Performing Without Debilitating Anxiety: A Qualitative Analysis from the Perspective of Professional Musicians**

*Thomas Nicholl, The University of Sydney; Maree Abbott, The University of Sydney*

## **Olympic Sport, International, and Global Perspectives**

### **A Grounded Theory Analysis of the Multidimensional Factors Behind the Exceptional Performance of South Korean Archers**

*Joonyoung Lee, Jackson State University; Suyoung Hwang, Gachon University; Eun Seong Kim, Jackson State University*

### **International Student Athletes' Coping During the COVID-19 Global Pandemic: A Qualitative Study**

*Isabella Franks, University of North Texas; Trent Petrie, University of North Texas; E. Whitney Moore, East Carolina University; Carmyn Hayes, The University of North Texas*

## **Professional Development, Supervision, and Mentoring**

### **Exploring Mental Performance Consultant Role Identity: A Social Identity Approach**

*Luca Ziegler, West Virginia University; Hannah Silva-Breen, West Virginia University; Kayla Hussey, West Virginia University*

### **Learning Through Interactions with Others: The Value of Communities of Practice for Mentorship and MPC Development**

*Diane Culver, University of Ottawa; Siobhan Rourke, ; Tiago Duarte, Part-time professor, University of Ottawa; Cassandra Seguin, Canadian Forces Morale and Welfare Services; Erin Kraft, SickKids - The Hospital for Sick Children, Toronto*

### **Prevalence of, Opportunities for, and Graduate Students' Experiences with Supervision Training in Sport Psychology**

*Savanna Ward, Boston University*

## **Research Design**

### **Holistic Enhancements in Athlete Well-Being: Insights from Meta-Analytic Structural Equation Modeling**

*Seongwoo Seo, Chungang University; Inyoung Cha, Chungang University; Jeongdug Sul, Chungang University; Junghoon Huh, Chungang University; Joonyoung Lee, Jackson State University*

### **Refining the Athletic Mind: A New Measure of Meta Cognitive Competence in Sports**

*Sunghoon An, Chungang University; Jaejin Lim, Chungang University; Yaechan Lee, Chungang University; Junghoon Huh, Chungang University; Joonyoung Lee, Jackson State University*

## **Social Justice, Equity, and Inclusion**

### **An Intersectional Exploration of Latinx Youth Identity Development through Soccer**

*Swapandeeep Mushiana, Soccer Without Borders; Danny Ayala Del Rio, Soccer Without Borders*

### **NCAA Coaches' Attitudes towards Transgender Athletes' Sport Participation: A Quantitative Analysis**

*Macey Arnold, University of North Texas; Kasey Chambers, University of North Texas; Trent Petrie, University of North Texas*

### **The Fight to Inclusivity: The Integration of Psychological Skills Training for Special Olympics Athletes**

*Anna Bomber, Bomber Performance Consulting, LLC; Lexi Ahrens, Special Olympics Idaho*

## **Tactical Populations**

### **Enhancing Academic Performance in a Tactical Population**

*Kimberly Rice, Human Performance and Wellness; Alexis Kent, F3EA*

## **Teaching**

### **Managing Instructor Burnout with Sport and Performance Psychology: Course Design Considerations for Kinesiology Faculty**

*Caitlyn Hauff, University of South Alabama; Mitchell Woltring, University of South Alabama*

### **Saving a Seat for Social Justice: Strategies to Improve Exercise Psychology Course Content**

*Alison Ede, Long Beach State University; Nicole Vargas, Long Beach State University*

### **Teaching Information Literacy in Sport and Exercise Psychology**

*Hayley Russell, Gustavus Adolphus College; Rachel Flynn, Gustavus Adolphus College; Lauren MacLean, Gustavus Adolphus College; Lauren Hecht, Gustavus Adolphus College*

### **The Relationship between College Students' Perceptions of the STEM Classroom Climate, Their Well Being, and Interpersonal Relationships**

*Jacob Chamberlin, University of Kansas; Mary Fry, University of Kansas; Jacob Majeske, University of Kansas; Ana Chicas-Mosier, University of Kansas; Jason Applegate, University of Kansas*

## **Youth Sport**

### **An Intervention to Combat the Negative Effects of Perfectionism by Incorporating Elements of Self-Compassion for Youth Gymnasts**

*Eleanor Cain, Illinois State University; Eric Martin, Boise State University; Scott Pierce, Illinois State University*

### **Challenge and Threat: The Football Academy Environment**

*Claire Rossato, University of Greenwich*

### **Safe to Play: Understanding the Impact of Social Injustices on Transgender Youth Sport Participation**

*Mallori Girard, Texas A&M University*



## Virtual

### Coaching

#### **Creating Community: Launching the Mississippi Women's Coaching Academy**

*Melissa Thompson, The University of Southern Mississippi; Laurie Neelis, The University of Southern Mississippi*

#### **Profiles of National Collegiate Athletic Association Coaches' Basic Psychological Need Fulfilment and Associated Coping**

*Ari Sapinsley, West Virginia University; Daniel Leyhr, Eberhard Karls University of Tübingen; Tucker Readdy, Bering Global Solutions; Johannes Raabe, Raabe Performance Consulting LLC*

### Collegiate Sport

#### **Athlete Mindset Performance Training: Empowering Athletes With Coping Skills For Performance**

*Lorenda Beuker, Keiser University; Daniel Kuchinka, Keiser University*

#### **Self-Handicapping, Personality, and Stress in College Club Hockey Players**

*David Tobar, Bowling Green State University; Rachel Dembek, Bowling Green State University*

#### **Student-Athlete Perceptions of Barriers to Campus Mental Health Resources**

*Amanda Aguilar, The University of Alabama in Huntsville; Jeremy Elliott, The University of Alabama in Huntsville; David Kyle, The University of Alabama in Huntsville; Jennifer Cole, The University of Alabama in Huntsville*

### Consulting & Interventions

#### **Implementing Psychological Skills Training: A Piece of Cake or Too Difficult to Swallow?**

*Elizabeth Pacioles, Marshall University; Nick Russo, Marshall University*

### Exercise/Health/Fitness

#### **FITnurse: A Mindful Physical Activity Intervention for Nursing Students**

*Maile Sapp, University of Maine; Rebecca Schwartz-Mette, University of Buffalo; Kayla Parsons, University of Maine; Kelley Strout, University of Maine; Jade McNamara, University of Maine*

### Mental Health

#### **Current Mental Health Treatment and Mindfulness Associated with Reduced Generalized Anxiety Symptoms in Student-Athletes**

*Teona Velehorschi, University of Toledo; Wesley Bullock, University of Toledo*

#### **Meat Consumption and Positive Psychological Constructs: A Systematic Review and Meta-Analysis**

*Urska Dobersek, University of Southern Indiana; Mary Bender, University of Southern Indiana; Alexandria Etienne, University of Southern Indiana; Gabriela Fernandez Gil, University of Southern Indiana*

### Non-Sport Performance Applications

#### **Managing Music Performance Anxiety Through Change and Acceptance: A Protocol**

*Naoko Sakata, University of Ottawa; Natalie Durand-Bush, University of Ottawa; Gilles Comeau, University of Ottawa; Christine Guptill, University of Ottawa*

## Teaching

### **Posterizing the Final: Using a Conference-Style Assessment in Sport Psychology Classes**

*Elizabeth Pacioles, Marshall University; Nick Russo, Marshall University*